



WhyTry Measure-R: SCORING DOCUMENT

The WhyTry measure is scored by reverse-scoring the items on the questionnaire marked “R” and then simply adding up the individual item scores. Higher scores indicate a better understanding of the WhyTry Curriculum, better decision-making skills, a more internal locus of control, more resistance to peer pressure, more positive self-concept, more self-control, and more access to support systems. Compare pre and post total scores and individual items for the group and individual change. A t-test for dependent samples can be calculated as well to assess the difference in means between the pre-test and post-test.

	Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
1. I have a dream or goal for my life.	1	2	3	4	5
2. The choices I make today will affect my future.	1	2	3	4	5
3. When I face challenges, I am more likely to give up than try harder. R	1	2	3	4	5
4. I let other people help me when I have a problem.	1	2	3	4	5
5. I believe that laws and rules make my life more difficult. R	1	2	3	4	5
6. Challenges are opportunities for motivation and growth.	1	2	3	4	5
7. I see my future as positive and full of potential.	1	2	3	4	5
8. I am willing to work for something that I really want.	1	2	3	4	5
9. There are a lot of adults who care about me.	1	2	3	4	5
10. If someone treats me bad, I am more likely to ignore him/her and walk away rather than lash back.	1	2	3	4	5
11. I can think of lots of people who can help me to solve a problem.	1	2	3	4	5
12. I focus on what is right about me rather than what is wrong with me.	1	2	3	4	5
13. There is at least one adult at my school that I can trust.	1	2	3	4	5
14. I have the power to avoid getting into trouble in my life.	1	2	3	4	5



	Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
15. I often do things that I really don't want to do because it will make me look cool in front of my friends. R	1	2	3	4	5
16. I think my challenges at home will make me get into trouble. R	1	2	3	4	5
17. I can tell the difference between friends that pull me down and friends that lift me up.	1	2	3	4	5
18. I think my challenges at school will make me get into trouble. R	1	2	3	4	5
19. I see getting help from others as a sign of weakness. R	1	2	3	4	5
20. There are many adults that I can count on.	1	2	3	4	5
21. I understand the consequences of the things that I do.	1	2	3	4	5
22. I can help people see the good things about me.	1	2	3	4	5
23. I know how to solve the difficult problems I face in life.	1	2	3	4	5
24. I can see the opportunities that lie ahead of me in the future.	1	2	3	4	5
25. I know how to keep myself motivated when things are hard.	1	2	3	4	5
26. I feel close to people at this school.	1	2	3	4	5
27. I am happy to be at this school.	1	2	3	4	5

R indicates reverse coding for that item.